

breakfast

served until 11am

sandwiches

on your choice of a squagel®, croissant 330cal, or whole wheat wrap 120cal

	price	calories
tbm 	4.19	410 - 620
eggs, tomato, basil, fresh mozzarella, sun-dried tomato spread		
cosi® club	4.19	370 - 580
eggs, bacon, tomato, cheddar		
spinach florentine 	4.19	380 - 590
eggs, spinach, swiss, artichoke spread		
santa fe	4.19	470 - 680
eggs, bacon, gouda, pico de gallo, sun-dried tomato spread		
western	4.19	350 - 560
eggs, ham, red peppers, cheddar		


steel cut oatmeal

with your choice of toppings

cup	bowl
3.69	3.99
150cal	200cal

egg white cups

	price	calories
pico de gallo  	4.19	90
florentine 	4.19	150
spinach, swiss, artichoke spread		

	calories
squagels ®  1.19	
plain	310
sesame	360
everything	350
multigrain	340
jalapeño cheddar	400
asiago cheese	450
cranberry orange	420
cinnamon raisin	450

	price	calories
add ons		
avocado	.79	60
cream cheese	.99	
plain		200
low-fat		170
veggie		140
peanut butter	.99	190

	price	calories
baker's dozen	10.99	4020 - 5890
cream cheese tub	2.69	
plain		760
low-fat		420
veggie		450

breakfast sandwich calorie range includes whole wheat wrap, plain squagel® and croissant.

beverages

handcrafted beverages

iced tea 4cal	2.69
raspberry iced tea 182cal	2.69
country club iced tea 98cal	2.69
lemonade 179cal	2.69
mojito lemonade 272cal	2.69
raspberry mojito lemonade 331cal	2.69

coffeehouse

all beverages are available hot or iced

coffee

	small	medium	large
freshly brewed coffee 6/9/11cal	2.09	2.29	2.49
shot in the dark 8/12/15cal	2.39	2.59	2.79

espresso

espresso 3/6cal	2.19	2.39
americano 5/8/10cal	2.19	2.59
cappuccino 107/145/179cal	3.39	3.79
latte 177/232/301cal	3.39	3.79
caramel latte 434/593/750cal	3.79	4.19
mocha 352/462/587cal	3.79	4.19

hot beverages

hot tea 3/4/5cal	2.09	2.29	2.49
hot chocolate 422/547/672cal	3.09	3.39	3.69
chai tea latte 220/299/379cal	3.29	3.69	4.09

bottled beverages are also available

vegetarian

contains no meat or seafood products; may contain egg and/or dairy

gluten free

contains no wheat, triticale, rye and/or barley, if ordered without bread

smart fit menu items

cosi® smart fit menu items supplement a balanced diet and active lifestyle; visit getcosi.com/smartfit for more information

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4 to 8 years and 1,400 to 2,000 calories a day for children 9 to 13 years, but calorie needs vary. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. additional nutritional information available upon request. prices and menu items are subject to change. calories may vary due to assembly. "cosi" and related marks are registered trademarks of cosi, inc. in the u.s.a. and certain other countries. © 2018 cosi, inc. all rights reserved.



cosi®

to go

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salads

served with our freshly baked flatbread




	half	whole	calories
signature  	5.99	9.59	309/618
mixed greens, grapes, pears, pistachios, dried cranberries, gorgonzola, sherry shallot vinaigrette			
smart fit   	5.99	9.59	195/390
baby kale, romaine, roasted sweet potatoes, avocado, roasted corn, black beans, roasted red peppers, carrots, scallions, chili lime vinaigrette			
adobo lime chicken 	6.19	9.89	225/450
chicken, romaine, roasted corn, black beans, tortilla strips, housemade pico de gallo, chili lime vinaigrette			
shanghai chicken 	6.19	9.89	130/260
chicken, mixed greens, asian noodles, carrots, scallions, ginger soy dressing			
cosi® cobb 	6.19	9.89	370/740
chicken, mixed greens, bacon, egg, tomatoes, scallions, gorgonzola, sherry shallot vinaigrette			
chicken caesar	6.19	9.89	377/644
chicken, romaine, croutons, parmesan, classic caesar dressing			
greek  	5.39	8.39	267/533
romaine, diced tomatoes, cucumbers, red onions, black olives, feta, italian vinaigrette			
caesar	5.39	8.39	267/534
romaine, croutons, parmesan, classic caesar dressing			

add-ons

tofu	chicken	tuna salad
2.25	2.25	2.25
90cal	110cal	120cal

sandwiches

served with chips or baby carrots

	half	whole	calories
tbm 	5.39	8.29	348/697
tomatoes, basil, fresh mozzarella, cosi® vinaigrette			
chicken tbm	5.79	9.09	345/640
ham & swiss	5.99	7.89	395/790
tomatoes, romaine, spicy honey mustard			
hummus & veggie  	5.39	8.29	208/416
tomatoes, cucumbers, red onions, basil			
turkey & brie 	5.69	8.99	284/567
arugula, spicy honey mustard			
turkey avocado 	5.69	8.99	224/447
tomatoes, arugula, ranch dressing			
buffalo bleu	5.79	9.09	255/510
chicken with buffalo sauce, romaine, bleu cheese spread			
roasted turkey club	5.79	9.09	219/438
bacon, tomatoes, romaine, mayo			

melts

served with chips or baby carrots





	half	whole	calories
tuna	5.69	8.99	310/620
tuna, tomatoes, cheddar, cosi® vinaigrette			
bacon turkey cheddar	5.79	9.09	315/630
tomatoes, spicy honey mustard			
pesto chicken	5.79	9.09	300/610
fresh mozzarella, sun-dried tomato spread			

calories of sandwiches and melts are based on choice of original flatbread.

sides: original flatbread 214cal/chips 150cal/baby carrots 15cal

soups

served with our freshly baked flatbread

	cup	bowl	calories
	4.99	5.99	
tomato basil  			400/600
turkey chili			240/360
chicken noodle			100/150
mediterranean lentil 			210/320
italian wedding with orzo			150/230
macaroni & cheese 	5.99	7.39	680/990
add buffalo chicken	+1.00		+100 cal

kids

5.99

	calories
grilled cheese	280
ham & cheese	310
cheese or pepperoni pizza	250/300
peanut butter & jelly	370
turkey	170
macaroni & cheese	400

served with chips, carrots, or grapes (150, 15, 40cal) soda, milk, or juice (1-111, 120-290, 80cal) and cookie (170cal)

taste two®

combine any two of the following for 9.49

half sandwich / half salad / cup of soup

before placing your order, please inform your server if a person in your party has a food allergy.