

# breakfast

served until 11am

## sandwiches

on your choice of a squagel<sup>®</sup>, croissant 330cal, or whole wheat wrap 120cal

### tbm

eggs, tomato, basil,  
fresh mozzarella, romano,  
sun-dried tomato spread  
411 - 621cal

### cosi<sup>®</sup> club

eggs, bacon, tomato,  
cheddar  
372 - 582cal

### spinach florentine

eggs, spinach, swiss,  
artichoke spread  
380 - 590cal

**3.99**

### santa fe

eggs, bacon, gouda,  
pico de gallo, sun-dried  
tomato spread  
470 - 680cal


### steak & egg

eggs, tender beef  
medallions, provolone,  
pesto  
508 - 718cal

### western

eggs, ham, red peppers,  
cheddar  
346 - 556cal


**4.19**

steel cut oatmeal   
with your choice of toppings

|             |             |
|-------------|-------------|
| cup         | bowl        |
| <b>3.39</b> | <b>3.69</b> |
| 149cal      | 198cal      |

egg white cups **4.19**

pico de gallo    
90cal

florentine   
spinach, swiss, artichoke spread  
150cal

squagels<sup>®</sup>  1.09

plain 309cal  
sesame 363cal  
everything 351cal  
multigrain 339cal

jalapeño cheddar 397cal  
asiago cheese 453cal  
cranberry orange 418cal  
cinnamon raisin 447cal

|                      |            |                  |                |
|----------------------|------------|------------------|----------------|
| avocado 60cal        | <b>.79</b> | baker's dozen    | <b>8.99</b>    |
| cream cheese         | <b>.99</b> | 4017 - 5889cal   |                |
| plain 197cal         |            | cream cheese tub | <b>2.69</b>    |
| low-fat 169cal       |            | plain 756cal     | low-fat 424cal |
| veggie 140cal        |            | veggie 452cal    |                |
| peanut butter 190cal | <b>.99</b> |                  |                |

breakfast sandwich calorie range includes whole wheat wrap, plain squagel<sup>®</sup>, and croissant.

# beverages

handcrafted beverages

|                                       |             |
|---------------------------------------|-------------|
| iced tea 4cal.....                    | <b>2.69</b> |
| raspberry iced tea 182cal.....        | <b>2.69</b> |
| country club iced tea 98cal .....     | <b>2.69</b> |
| lemonade 179cal.....                  | <b>2.69</b> |
| mojito lemonade 272cal .....          | <b>2.69</b> |
| raspberry mojito lemonade 331cal..... | <b>2.69</b> |

## coffeehouse

all beverages are available hot or iced

### coffee

|                                       | small       | medium      | large       |
|---------------------------------------|-------------|-------------|-------------|
| freshly brewed coffee 6/9/11cal ..... | <b>2.09</b> | <b>2.29</b> | <b>2.49</b> |
| shot in the dark 8/12/15cal .....     | <b>2.39</b> | <b>2.59</b> | <b>2.79</b> |

### espresso

|                                   |             |             |
|-----------------------------------|-------------|-------------|
| espresso 3/6cal.....              | <b>2.19</b> | <b>2.39</b> |
| americano 5/8/10cal.....          | <b>2.19</b> | <b>2.39</b> |
| cappuccino 107/145/179cal .....   | <b>3.39</b> | <b>3.79</b> |
| latte 177/232/301cal.....         | <b>3.39</b> | <b>3.79</b> |
| caramel latte 434/593/750cal..... | <b>3.79</b> | <b>4.19</b> |
| mocha 352/462/587cal .....        | <b>3.79</b> | <b>4.19</b> |

### hot beverages

|  |             |             |             |
|--|-------------|-------------|-------------|
| hot tea 3/4/5cal .....                   | <b>2.09</b> | <b>2.29</b> | <b>2.49</b> |
| hot chocolate 422/547/672cal.....        | <b>3.09</b> | <b>3.39</b> | <b>3.69</b> |
| hot white chocolate 397/504/611cal ..... | <b>3.09</b> | <b>3.39</b> | <b>3.69</b> |
| chai tea latte 220/299/379cal .....      | <b>3.29</b> | <b>3.69</b> | <b>4.09</b> |

bottled beverages are also available

### vegetarian

contains no meat or seafood products;  
may contain egg and/or dairy

### gluten free

contains no wheat, triticale, rye and/  
or barley, if ordered without bread

### smart fit menu items

cosi<sup>®</sup> smart fit menu items supplement a balanced diet and active lifestyle; visit  
getcosi.com/smartfit for more information

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4 to 8 years and 1,400 to 2,000 calories a day for children 9 to 13 years, but calorie needs vary. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. additional nutritional information available upon request. prices and menu items are subject to change. calories may vary due to assembly. "cosi" and related marks are registered trademarks of cosi, inc. in the u.s.a. and certain other countries. © 2017 cosi, inc. all rights reserved.



**cosi<sup>®</sup>**  
to go

get cosi<sup>®</sup>. get it online.  
[orders.getcosi.com](https://orders.getcosi.com)

ToGoTN-1117

# salads

served with our freshly baked flatbread

## signature **V** **GF**

mixed greens, grapes, pears, pistachios, dried cranberries, gorgonzola, sherry shallot vinaigrette  
309/618cal

## smart fit **V** **GF** **LF**

baby kale, romaine, roasted sweet potatoes, avocado, roasted corn, black beans, roasted red peppers, carrots, scallions, chipotle lime dressing  
195/390cal

half whole  
**5.99 9.59**

## adobo lime chicken **GF**

chicken, romaine, roasted corn, black beans, tortilla strips, housemade pico de gallo, adobo vinaigrette  
225/450cal

## shanghai chicken **LF**

chicken, mixed greens, asian noodles, carrots, scallions, reduced-fat ginger soy dressing  
130/260cal

half whole  
**6.19 9.89**

## cosi® cobb **GF**

chicken, mixed greens, bacon, egg, tomatoes, scallions, gorgonzola, sherry shallot vinaigrette  
370/740cal

## greek **V** **GF**

romaine, diced tomatoes, cucumbers, red onions, black olives, feta, italian vinaigrette  
267/533cal

## caesar

romaine, croutons, parmesan, classic caesar dressing  
267/534cal

half whole  
**5.39 8.39**

## make your own

choose mixed greens, romaine, or baby kale, choose up to five toppings, choose a dressing  
1-740cal

## protein add-ons

|              |         |            |        |        |
|--------------|---------|------------|--------|--------|
| organic tofu | chicken | tuna salad | steak  | salmon |
| 2.25         | 2.25    | 2.25       | 3.00   | 3.00   |
| 90cal        | 110cal  | 120cal     | 120cal | 258cal |

we serve antibiotic-free chicken

# taste two®

combine any two of the following for **9.49**

half salad / half sandwich / cup of soup

# sandwiches

served with chips or baby carrots  
all sandwiches available as melts

## tbm **V**

tomatoes, basil, fresh mozzarella, cosi® vinaigrette 348/697cal  
chicken tbm 5.79/9.09 345/640cal

half whole  
**5.39 8.29**

## hummus & veggie **V** **LF**

tomatoes, cucumbers, red onions, basil  
208/416cal

## turkey & brie **LF**

arugula, spicy honey mustard  
284/567cal

## tuna

line caught albacore tuna, tomatoes, cheddar, cosi® vinaigrette  
310/620cal

half whole  
**5.69 8.99**

## turkey avocado **LF**

tomatoes, arugula, ranch dressing  
224/447cal

## bacon turkey cheddar

tomatoes, spicy honey mustard  
315/630cal

## pesto chicken

fresh mozzarella, sun-dried tomato spread  
300/610cal

half whole  
**5.79 9.09**

## roasted turkey club

bacon, tomatoes, romaine, mayo  
219/438cal

## buffalo bleu

chicken with buffalo sauce, romaine, bleu cheese spread  
255/510cal

# soups

served with our freshly baked flatbread

## tomato basil **V** **GF**

400/600cal

## fire roasted vegetable **V** **GF**

100/170cal

## turkey chili

240/360cal

## butternut squash bisque **V** **GF**

230/385cal  
cup bowl

**4.99 5.99**

## smart fit chicken noodle **LF**

120/190cal

## macaroni & cheese **V**

add buffalo chicken +1100 cal 680/990cal

**5.99/7.39**

# kids

**5.99**

## grilled cheese

280cal

## ham & cheese

310cal

## cheese or pepperoni pizza

250/300cal

served with chips, carrots, or grapes (150, 15, 40cal) soda, milk, or juice (120-290, 80cal) and cookie (170cal)

## peanut butter & jelly

370cal

## turkey

170cal

## macaroni & cheese

400cal

sandwich calories are based on choice of original flatbread.

before placing your order, please inform your server if a person in your party has a food allergy.