

# breakfast

served until 11am

## sandwiches

on your choice of a bagel, croissant 330cal, or whole wheat wrap 120cal

	price	calories
<b>tbm</b> 	<b>3.99</b>	<b>410 - 620</b>
eggs, tomato, basil, fresh mozzarella, sun-dried tomato spread		
<b>cosi® club</b>	<b>3.99</b>	<b>370 - 580</b>
eggs, bacon, tomato, cheddar		
<b>spinach florentine</b> 	<b>3.99</b>	<b>380 - 590</b>
eggs, spinach, swiss, artichoke spread		
<b>santa fe</b>	<b>4.19</b>	<b>470 - 680</b>
eggs, bacon, gouda, pico de gallo, sun-dried tomato spread		
<b>western</b>	<b>4.19</b>	<b>350 - 560</b>
eggs, ham, red peppers, cheddar		

## steel cut oatmeal

with your choice of toppings

cup	bowl
<b>3.59</b>	<b>3.89</b>
<b>150cal</b>	<b>200cal</b>

## egg white cups

	price	calories
<b>pico de gallo</b>  	<b>4.19</b>	<b>90</b>
<b>florentine</b> 	<b>4.19</b>	<b>150</b>
spinach, swiss, artichoke spread		

## bagels 1.09

	calories
<b>plain</b>	<b>330</b>
<b>sesame</b>	<b>320</b>
<b>everything</b>	<b>330</b>
<b>multigrain</b>	<b>340</b>
<b>jalapeño cheddar</b>	<b>310</b>
<b>asiago cheese</b>	<b>340</b>
<b>cinnamon raisin</b>	<b>320</b>

## add ons

	price	calories
<b>avocado</b>	<b>.79</b>	<b>60</b>
<b>cream cheese</b>	<b>.99</b>	
plain		<b>200</b>
low-fat		<b>170</b>
veggie		<b>140</b>
<b>peanut butter</b>	<b>.99</b>	<b>190</b>

	price	calories
<b>baker's dozen</b>	<b>8.99</b>	<b>4030 - 4420</b>
<b>cream cheese tub</b>	<b>2.69</b>	
plain		<b>760</b>
low-fat		<b>420</b>
veggie		<b>450</b>

# beverages

## handcrafted beverages

<b>iced tea 4cal</b> .....	<b>2.49</b>
<b>raspberry iced tea 182cal</b> .....	<b>2.49</b>
<b>country club iced tea 98cal</b> .....	<b>2.49</b>
<b>lemonade 179cal</b> .....	<b>2.49</b>
<b>mojito lemonade 272cal</b> .....	<b>2.49</b>
<b>raspberry mojito lemonade 331cal</b> .....	<b>2.49</b>

## coffeehouse

all beverages are available hot or iced

### coffee

	small	medium	large
<b>freshly brewed coffee 6/9/11cal</b> .....	<b>1.99</b>	<b>2.29</b>	<b>2.49</b>
<b>shot in the dark 8/12/15cal</b> .....	<b>2.29</b>	<b>2.49</b>	<b>2.69</b>

### espresso

<b>espresso 3/6cal</b> .....	<b>1.99</b>	<b>2.19</b>
<b>americano 5/8/10cal</b> .....	<b>1.99</b>	<b>2.19 2.39</b>
<b>cappuccino 107/145/179cal</b> .....	<b>3.29</b>	<b>3.69 4.09</b>
<b>latte 177/232/301cal</b> .....	<b>3.49</b>	<b>3.89 4.29</b>
<b>caramel latte 434/593/750cal</b> .....	<b>3.69</b>	<b>4.09 4.49</b>
<b>mocha 352/462/587cal</b> .....	<b>3.69</b>	<b>4.09 4.49</b>

### hot beverages

<b>hot tea 3/4/5cal</b> .....	<b>1.99</b>	<b>2.29 2.49</b>
<b>hot chocolate 422/547/672cal</b> .....	<b>2.99</b>	<b>3.29 3.59</b>
<b>chai tea latte 220/299/379cal</b> .....	<b>3.49</b>	<b>3.89 4.29</b>

bottled beverages are also available

### **vegetarian**

contains no meat or seafood products; may contain egg and/or dairy

### **gluten free**

contains no wheat, triticale, rye and/or barley, if ordered without bread

### **smart fit menu items**

cosi® smart fit menu items supplement a balanced diet and active lifestyle; visit [getcosi.com/smartfit](http://getcosi.com/smartfit) for more information



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get cosi. get it online.  
[orders.getcosi.com](http://orders.getcosi.com)

# salads

served with our freshly baked flatbread

	whole	calories
<b>signature</b> <span>V</span> <span>Gf</span> mixed greens, grapes, pears, pistachios, dried cranberries, gorgonzola, sherry shallot vinaigrette	<b>9.19</b>	<b>618</b>
<b>adobo lime chicken</b> <span>Gf</span> chicken, romaine, roasted corn, black beans, tortilla strips, housemade pico de gallo, chili lime vinaigrette	<b>9.59</b>	<b>450</b>
<b>shanghai chicken</b> <span>Ve</span> chicken, mixed greens, asian noodles, carrots, scallions, ginger soy dressing	<b>9.59</b>	<b>260</b>
<b>cosi® cobb</b> <span>Gf</span> chicken, mixed greens, bacon, egg, tomatoes, scallions, gorgonzola, sherry shallot vinaigrette	<b>9.59</b>	<b>740</b>
<b>chicken caesar</b> chicken, romaine, croutons, parmesan, classic caesar dressing	<b>9.59</b>	<b>644</b>
<b>greek</b> <span>V</span> <span>Gf</span> romaine, diced tomatoes, cucumbers, red onions, black olives, feta, italian vinaigrette	<b>7.99</b>	<b>533</b>
<b>caesar</b> romaine, croutons, parmesan, classic caesar dressing	<b>7.99</b>	<b>534</b>

## add-ons

tofu	chicken	tuna salad
2.00	2.00	2.00
90cal	110cal	120cal

# sandwiches

served with chips or baby carrots

	whole	calories
<b>tbm</b> <span>V</span> tomatoes, basil, fresh mozzarella, cosi® vinaigrette	<b>7.69</b>	<b>697</b>
<b>chicken tbm</b>	<b>8.69</b>	<b>640</b>
<b>ham &amp; swiss</b> tomatoes, romaine, spicy honey mustard	<b>7.39</b>	<b>790</b>
<b>hummus &amp; veggie</b> <span>V</span> <span>Ve</span> tomatoes, cucumbers, red onions, basil	<b>7.69</b>	<b>416</b>
<b>turkey &amp; brie</b> <span>Ve</span> arugula, spicy honey mustard	<b>8.59</b>	<b>567</b>
<b>turkey avocado</b> <span>Ve</span> tomatoes, arugula, ranch dressing	<b>8.59</b>	<b>447</b>
<b>roasted turkey club</b> bacon, tomatoes, romaine, mayo	<b>8.69</b>	<b>438</b>

# melts

served with chips or baby carrots

	whole	calories
<b>bacon turkey cheddar</b> tomatoes, spicy honey mustard	<b>8.79</b>	<b>630</b>
<b>pesto chicken</b> fresh mozzarella, sun-dried tomato spread	<b>8.79</b>	<b>610</b>

sides: original flatbread 214cal/chips 150cal/baby carrots 15cal

calories of sandwiches and melts are based on choice of original flatbread.

# soups

served with our freshly baked flatbread

	cup	bowl	calories
	<b>5.19</b>	<b>6.19</b>	
<b>tomato basil</b> <span>V</span> <span>Gf</span>			<b>400/600</b>
<b>turkey chili</b>			<b>240/360</b>
<b>chicken noodle</b>			<b>100/150</b>
<b>mediterranean lentil</b> <span>V</span>			<b>210/320</b>
<b>italian wedding with orzo</b>			<b>150/230</b>
<b>macaroni &amp; cheese</b> <span>V</span>	<b>6.19</b>	<b>7.39</b>	<b>680/990</b>
<b>add buffalo chicken</b>	<b>+1.00</b>		<b>+100 cal</b>

# kids

5.99

	calories
<b>grilled cheese</b>	<b>280</b>
<b>ham &amp; cheese</b>	<b>310</b>
<b>peanut butter &amp; jelly</b>	<b>370</b>
<b>turkey</b>	<b>170</b>
<b>macaroni &amp; cheese</b>	<b>400</b>

served with chips, carrots, or grapes (150, 15, 40cal) soda,  
milk, or juice (1-111, 120-290, 80cal) and cookie (170cal)

before placing your order, please inform your server if a person in your party has a food allergy.