

breakfast

served until 11am

sandwiches

on your choice of a squagel[®] or whole wheat wrap 120cal

tbm ^V

eggs, tomato, basil,
fresh mozzarella, romano,
sun-dried tomato spread
411 - 621cal

cosi[®] club

eggs, bacon, tomato,
cheddar
372 - 582cal

spinach

florentine ^V
eggs, spinach, swiss,
artichoke spread
380 - 590cal

3.69

santa fe

eggs, bacon, gouda, pico
de gallo, sun-dried tomato
spread
470 - 680cal

steak & egg

eggs, tender beef
medallions, provolone,
pesto
508 - 718cal

western

eggs, ham, red peppers,
cheddar
346 - 556cal

3.89

steel cut oatmeal ^V
with your choice of toppings

cup	bowl
3.29	3.59
149cal	198cal

egg white cups **3.89**

pico de gallo ^V ^{GF}
90cal

florentine ^V
spinach, swiss, artichoke spread
150cal

squagels[®] ^V 1.09

plain 309cal
sesame 363cal
everything 351cal
multigrain 339cal

jalapeño cheddar 397cal
asiago cheese 453cal
cranberry orange 418cal
cinnamon raisin 447cal

avocado 60cal	.79	baker's dozen	8.99
cream cheese	.99	4017 - 5889cal	
plain 197cal		cream cheese tub	2.69
low-fat 169cal		plain 756cal	low-fat 424cal
veggie 140cal		veggie 452cal	
peanut butter 190cal	.99		

breakfast sandwich calorie range includes whole wheat wrap and plain squagel[®]

beverages

handcrafted beverages

iced tea 4cal..... **2.29**
raspberry iced tea 182cal **2.29**
country club iced tea 98cal **2.29**
lemonade 179cal..... **2.29**
mojito lemonade 272cal **2.29**
raspberry mojito lemonade 331cal..... **2.29**

coffeehouse

all beverages are available hot or iced

coffee

	small	medium	large
freshly brewed coffee 6/9/11cal.....	1.99	2.19	2.39
shot in the dark 8/12/15cal.....	2.29	2.49	2.69

espresso

espresso 3/6cal.....	1.99	2.19
americano 5/8/10cal.....	1.99	2.19
cappuccino 107/145/179cal.....	3.29	3.69
latte 177/232/301cal.....	3.29	3.69
caramel latte 434/593/750cal.....	3.69	4.09
mocha 352/462/587cal.....	3.69	4.09

hot beverages

hot tea 3/4/5cal.....	1.99	2.19	2.39
hot chocolate 422/547/672cal.....	2.99	3.29	3.59
hot white chocolate 397/504/611cal.....	2.99	3.29	3.59
chai tea latte 220/299/379cal.....	3.29	3.69	4.09

bottled beverages are also available

^V vegetarian

contains no meat or seafood products;
may contain egg and/or dairy

^{GF} gluten free

contains no wheat, triticale, rye and/
or barley, if ordered without bread

^{SF} smart fit menu items

cosi[®] smart fit menu items supplement a balanced diet and active lifestyle; visit
getcosi.com/smartfit for more information

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4 to 8 years and 1,400 to 2,000 calories a day for children 9 to 13 years, but calorie needs vary. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. additional nutritional information available upon request. prices and menu items are subject to change. calories may vary due to assembly. "cosi" and related marks are registered trademarks of cosi, inc. in the u.s.a. and certain other countries. © 2017 cosi, inc. all rights reserved.



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to go

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ToGo™-0717

salads

served with our freshly baked flatbread

signature **V** **GF**

mixed greens, grapes, pears,
pistachios, dried cranberries,
gorgonzola, sherry shallot vinaigrette
618cal

8.69

adobo lime chicken **GF**

chicken, romaine,
roasted corn, black
beans, tortilla strips,
housemade pico de
gallo, adobo vinaigrette
450cal

shanghai chicken **V**

chicken, mixed greens,
asian noodles, carrots,
scallions, reduced-fat
ginger soy dressing
260cal

8.99

cosi® cobb **GF**

chicken, mixed greens,
bacon, egg, tomatoes,
scallions, gorgonzola,
sherry shallot vinaigrette
740cal

greek **V** **GF**

romaine, diced
tomatoes, cucumbers,
red onions, black olives,
feta, italian vinaigrette
533cal

caesar

romaine, croutons,
parmesan, classic
caesar dressing
534cal

7.49

protein add-ons

avocado	organic tofu	chicken	tuna salad	steak	salmon
1.50	2.00	2.00	2.00	3.00	3.00
120cal	90cal	110cal	120cal	120cal	258cal

we serve antibiotic-free chicken

sandwiches

served with chips or baby carrots

tbm **V**

tomatoes, basil, fresh mozzarella,
cosi® vinaigrette
697cal

hummus & veggie **V** **V**

tomatoes, cucumbers,
red onions, basil
416cal

7.19

turkey & brie **V**

arugula, spicy honey mustard
567cal

turkey avocado **V**

tomatoes, arugula,
greek yogurt dressing
447cal

7.99

chicken tbm

tomatoes, basil, fresh mozzarella,
cosi® vinaigrette
610cal

roasted turkey club

bacon, tomatoes,
shredded romaine, mayo
438cal

8.19

melts

served with chips or baby carrots

bacon turkey cheddar

tomatoes, spicy honey mustard
630cal

pesto chicken

fresh mozzarella,
sun-dried tomato spread
610cal

8.19

soups

served with our freshly baked flatbread

tomato basil **V** **GF**

400/600cal

turkey chili

240/360cal

smart fit chicken noodle **V**

120/190cal

fire roasted vegetable **V** **GF**

100/170cal

butternut squash bisque **V** **GF**

230/385cal

cup bowl
4.79 5.79

macaroni & cheese **V**

680/990cal
5.79/7.19

kids

5.99

grilled cheese

280cal

peanut butter & jelly

370cal

ham & cheese

310cal

turkey

170cal

macaroni & cheese

400cal

served with chips, carrots, or grapes (150, 15, 40cal) soda,
milk, or juice (120-290, 80cal) and cookie (170cal)