


# breakfast

served until 11am

## sandwiches

on your choice of a squagel<sup>®</sup>, croissant 330cal, or whole wheat wrap 120cal

**tbm**   
eggs, tomato, basil,  
fresh mozzarella, romano,  
sun-dried tomato spread  
411 - 621cal

**cosi<sup>®</sup> club**  
eggs, bacon, tomato,  
cheddar  
372 - 582cal

**spinach  
florentine**   
eggs, spinach, swiss,  
artichoke spread  
380 - 590cal

**3.59**

**santa fe**  
eggs, bacon, gouda,  
pico de gallo, sun-dried  
tomato spread  
470 - 680cal

**steak & egg**  
eggs, tender beef  
medallions, provolone,  
pesto  
508 - 718cal

**western**  
eggs, ham, red peppers,  
cheddar  
346 - 556cal

**3.79**

steel cut oatmeal   
with your choice of toppings

cup **3.19** cup **3.49**  
149cal 198cal

egg white cups **3.79**

**pico de gallo**    
90cal

**florentine**   
spinach, swiss, artichoke spread  
150cal

squagels<sup>®</sup>  1.09

**plain** 309cal  
**sesame** 363cal  
**everything** 351cal  
**multigrain** 339cal

**jalapeño cheddar** 397cal  
**asiago cheese** 453cal  
**cranberry orange** 418cal  
**cinnamon raisin** 447cal

**avocado** 60cal  
**cream cheese**  
plain 197cal **low-fat** 169cal  
veggie 140cal  
**peanut butter** 190cal

**.79** **baker's dozen** **8.99**  
**.99** 4017 - 5889cal  
**cream cheese tub** **2.69**  
plain 756cal **low-fat** 424cal  
**.99** **veggie** 452cal

breakfast sandwich calorie range is based on whole wheat wrap to croissant.

# beverages

## handcrafted beverages

iced tea 4cal.....	2.29
raspberry iced tea 182cal.....	2.29
country club iced tea 98cal .....	2.29
lemonade 179cal.....	2.29
mojito lemonade 272cal .....	2.29
raspberry mojito lemonade 331cal.....	2.29

## coffeehouse

all beverages are available hot or iced

### coffee

	small	medium	large
freshly brewed coffee 6/9/11cal .....	1.99	2.19	2.39
shot in the dark 8/12/15cal .....	2.29	2.49	2.69

### espresso

espresso 3/6cal.....	1.99	2.19	
americano 5/8/10cal.....	1.99	2.19	2.39
cappuccino 107/145/179cal .....	3.29	3.69	4.09
latte 177/232/301cal.....	3.29	3.69	4.09
caramel latte 434/593/750cal.....	3.69	4.09	4.49
mocha 352/462/587cal .....	3.69	4.09	4.49

### hot beverages

hot tea 3/4/5cal  .....	1.99	2.19	2.39
hot chocolate 422/547/672cal .....	2.99	3.29	3.59
hot white chocolate 397/504/611cal .....	2.99	3.29	3.59
chai tea latte 220/299/379cal .....	3.29	3.69	4.09

bottled beverages are also available

#### vegetarian

contains no meat or seafood products;  
may contain egg and/or dairy

#### gluten free

contains no wheat, triticale, rye and/  
or barley, if ordered without bread

#### smart fit menu items

cosi® smart fit menu items supplement a balanced diet and active lifestyle; visit  
[getcosi.com/smartfit](http://getcosi.com/smartfit) for more information

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4 to 8 years and 1,400 to 2,000 calories a day for children 9 to 13 years, but calorie needs vary. 2,000 calories a day is used for general nutrition advice, but calorie needs vary, additional nutritional information available upon request. prices and menu items are subject to change, calories may vary due to assembly, "cosi" and related marks are registered trademarks of cosi, inc. in the u.s.a. and certain other countries. © 2016 cosi, inc. all rights reserved.

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# salads

served with our freshly baked flatbread

## signature **V** **GF**

mixed greens, grapes, pears,  
pistachios, dried cranberries,  
gorgonzola, sherry shallot vinaigrette  
309/618cal

## smart fit **V** **GF**

baby kale, romaine, roasted sweet  
potatoes, avocado, roasted corn, black  
beans, roasted red peppers, carrots,  
scallions, chipotle lime dressing  
195/390cal

half whole  
**5.49 8.49**

## adobo lime chicken **GF**

chicken, romaine,  
roasted corn, black  
beans, tortilla strips,  
housemade pico de  
gallo, adobo vinaigrette  
225/450cal

## shanghai chicken **GF**

chicken, mixed greens,  
asian noodles, carrots,  
scallions, reduced-fat  
ginger soy dressing  
130/260cal

## cosi® cobb **GF**

chicken, mixed greens,  
bacon, egg, tomatoes,  
scallions, gorgonzola,  
sherry shallot  
vinaigrette  
370/740cal

half whole  
**5.69 8.79**

## greek **V** **GF**

romaine, diced  
tomatoes, cucumbers,  
red onions, black olives,  
feta, italian vinaigrette  
267/533cal

## caesar

romaine, croutons,  
parmesan, classic  
caesar dressing  
267/534cal

## make your own

choose mixed greens,  
romaine, or baby kale,  
choose up to five  
toppings, choose a  
dressing  
1-740cal

half whole  
**4.89 7.29**

## protein add-ons

organic tofu	chicken	tuna salad	steak	salmon
2.00	2.00	2.00	3.00	3.00
90cal	110cal	120cal	120cal	258cal

we serve naturally-raised, no antibiotics added chicken

## taste two®

combine any two of the following for **8.49**

half salad / half sandwich / half pizza / cup of soup

# sandwiches

served with cosi<sup>®</sup> chips or baby carrots  
all sandwiches available as melts

## tbm

tomatoes, basil, fresh mozzarella,  
cosi<sup>®</sup> vinaigrette 348/697cal  
chicken tbm 5.19/7.99 345/640cal

half whole  
**4.69 6.99**

## hummus & veggie

tomatoes, cucumbers,  
red onions, basil  
208/416cal

## turkey & brie

arugula, spicy honey  
mustard  
284/567cal

## tuna

line caught albacore  
tuna, tomatoes, cheddar,  
cosi<sup>®</sup> vinaigrette  
310/620cal

half whole  
**5.09 7.79**

## turkey

### avocado

tomatoes, arugula,  
greek yogurt dressing  
224/447cal

## bacon turkey cheddar

tomatoes, spicy honey mustard  
315/630cal

## roasted turkey club

bacon, tomatoes,  
shredded romaine, mayo  
219/438cal

## pesto chicken

fresh mozzarella,  
sun-dried tomato spread  
300/610cal

## buffalo bleu

chicken with buffalo sauce,  
shredded romaine, bleu cheese spread  
255/510cal

half whole  
**5.19 7.99**

# flatbread pizza

## margherita

fresh mozzarella, basil,  
tomato

half individual  
**4.99 7.59**  
403cal 805cal

## pepperoni

mozzarella, romano

half individual  
**5.09 7.79**  
428cal 856cal

## bbq chicken

smoked gouda, red  
onion, fresh cilantro

half individual  
**5.19 7.99**  
425cal 850cal

calories of sandwiches and pizzas are based on choice of original flatbread.

# soups

served with our freshly baked flatbread

**tomato basil** **V GF**  
400/600cal

**turkey chili**  
340/510cal

**smart fit chicken  
noodle** **V**  
125/188cal

**mediterranean  
lentil** **V GF**  
290/550cal

**broccoli cheddar**  
**V GF**  
413/619cal  
cup bowl

**italian wedding**  
213/319cal

**4.69 5.69**

# bowls

served with our freshly baked flatbread

**adobo chicken  
with avocado** **GF**  
chicken, wild rice blend, hearth-roasted  
veggies, roasted corn, black beans,  
housemade pico de gallo, avocado  
513cal

**8.99**

**thai curry**  
tofu or chicken, jasmine rice, cauliflower  
florets, curry, cilantro  
510/540cal

**8.99**

**brazilian steak**  
spicy aji amarillo marinated steak,  
wild rice blend, shredded romaine,  
caramelized red onions, roasted cherry  
tomatoes, mozzarella  
600cal

**9.29**

**macaroni & cheese** **V**  
add buffalo chicken +1100 cal  
650/950cal

**5.59/6.99**

# kids

**5.99**

**grilled cheese**  
269 cal

**turkey**  
284 cal

**peanut butter & jelly**  
343 cal

**cheese or pepperoni pizza**  
354/425 cal

**ham & cheese**  
320 cal

**macaroni & cheese**  
367 cal

served with chips, carrots, or fruit cup (150, 15, 27 cal) soda,  
milk, or juice (1-111, 100, 131 cal) and cookie (170 cal)  
before placing your order, please inform your server if a person in your party has a food allergy.