

# salads

add chicken (110 cal) 1.75  
add salmon (258 cal) 2.00

add oven-roasted organic tofu (150 cal) 1.50  
add steak (120cal) 2.00



## smart fit **V** **GF**

baby kale, romaine, roasted sweet potatoes, avocado, roasted corn, black beans, roasted red peppers, carrots, scallions, chipotle lime dressing

taste two®  
**4.99** **8.69**  
195cal 390cal

## signature **V** **GF**

grapes, pears, pistachios, dried cranberries, mixed greens, gorgonzola, sherry shallot vinaigrette

taste two®  
**4.79** **8.39**  
309cal 618cal

## chicken caesar

chicken, parmesan, romaine, croutons, classic caesar dressing

taste two®  
**4.79** **8.29**  
275cal 550cal

## greek **V** **GF**

feta, black olives, diced tomatoes, cucumbers, red onions, romaine, italian vinaigrette

taste two®  
**4.49** **7.79**  
267cal 533cal

## shanghai chicken **GF**

chicken, asian noodles, carrots, scallions, mixed greens, reduced-fat ginger soy dressing

taste two®  
**4.89** **8.49**  
130cal 260cal

## cosi® cobb **GF**

chicken, bacon, egg, gorgonzola, tomatoes, scallions, mixed greens, sherry shallot vinaigrette

taste two®  
**5.09** **8.79**  
370cal 740cal

## adobo lime chicken **GF**

chicken, roasted corn, black beans, tortilla strips, housemade pico de gallo, romaine, adobo vinaigrette

taste two®  
**4.89** **8.49**  
225cal 450cal

## asian salmon

wild alaskan salmon, edamame, carrots, scallions, cucumbers, red peppers, cilantro, mixed greens, sesame brittle, chili lime vinaigrette

taste two®  
**5.59** **9.49**  
221cal 441cal

# soups everyday

## tomato basil **V** **GF**

400/600 cal

## smart fit chicken noodle **GF**

120/190 cal

taste-two® regular large  
**4.29** **4.59** **5.59**

## turkey chili

340/510 cal

## chipotle pumpkin **V** **GF**

100/150 cal



smart fit chicken noodle

# soup of the day

monday  
**italian wedding**  
210/320 cal

tuesday  
**mediterranean lentil** **V** **GF**  
360/540 cal

wednesday  
**broccoli cheddar** **V** **GF**  
413/619 cal

thursday  
**split pea & kale** **V** **GF**  
188/281 cal

friday  
**clam chowder** **GF**  
438/656 cal

saturday & sunday  
**weekend specials**

# bowls

## adobo chicken with avocado **GF**

chicken, avocado, hearth-roasted veggies, roasted corn, black beans, housemade pico de gallo, wild rice blend

**8.99**  
513cal

## caribbean chicken & spaghetti squash

chicken, herb roasted spaghetti squash, daikon, carrots, cabbage, caribbean dressing

**8.99**  
390cal

## thai curry

chicken 540cal or tofu 510cal, cauliflower florets, curry, cilantro, jasmine rice

**8.79**  
540/510 cal

## brazilian steak

spicy aji amarillo marinated steak, mozzarella, roasted cherry tomatoes, caramelized red onions, shredded romaine, wild rice blend

**9.29**  
600cal

brazilian steak

## macaroni & cheese **V**

add pork belly (230 cal) 2.75  
add buffalo chicken (100 cal) 1.25

small large  
**5.59** **6.99**  
650cal 950cal

substitute any meat option with oven-roasted organic tofu



# flatbread pizza

## margherita **V**

fresh mozzarella, basil, tomato

taste two® regular  
**4.29** **7.49**  
403cal 805cal

## bbq chicken

chicken with bbq sauce, smoked gouda, red onion, fresh cilantro

taste two® regular  
**4.59** **7.99**  
425cal 850cal

pepperoni  
mozzarella, romano

taste two® regular  
**4.39** **7.69**  
428cal 856cal



margherita

**taste two®** combine any two of the following: 1/2 sandwich, 1/2 melt, 1/2 pizza, 1/2 salad, or regular soup

**V** **vegetarian**  
contains no meat or seafood products; may contain egg and/or dairy

**GF** **gluten free**  
contains no wheat, triticale, rye and/or barley, if ordered without bread

**smart fit menu items**  
cosi® smart fit menu items supplement a balanced diet and active lifestyle. visit [getcosi.com/smartfit](http://getcosi.com/smartfit) for more information

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

Prices and menu items are subject to change. Calories may vary due to assembly. "Cosi" and related marks are registered trademarks of Cosi, Inc. in the U.S.A. and certain other countries. © 2015 Cosi, Inc. All rights reserved.

# sandwiches

## tbm

tomatoes, basil, fresh mozzarella, cosi® vinaigrette

taste two®  
**3.99** **6.99**  
 348cal 697cal

## tuscan pesto chicken

chicken in cosi® pesto sauce, shredded romaine, sun-dried tomato spread

taste two®  
**4.59** **7.99**  
 225cal 450cal

## pork belly banh-mi

pork belly, daikon, carrots, cabbage, jalapeño, asian ginger mayo

taste two®  
**5.19** **8.99**  
 345cal 682cal

## chicken tbm

chicken, tomatoes, basil, fresh mozzarella, cosi® vinaigrette

taste two®  
**4.69** **7.99**  
 345cal 690cal

## buffalo bleu

chicken with buffalo sauce, shredded romaine, bleu cheese spread

taste two®  
**4.49** **7.79**  
 255cal 510cal

## cosi® club

roasted turkey, bacon, tomatoes, shredded romaine, mayo

taste two®  
**4.49** **7.79**  
 219cal 438cal

## turkey avocado

tomatoes, greek yogurt dressing, arugula

taste two®  
**4.69** **7.99**  
 224cal 447cal

## turkey & brie

arugula, spicy honey mustard

taste two®  
**4.59** **7.79**  
 284cal 567cal

## hummus & veggie

tomatoes, cucumbers, red onions, basil

taste two®  
**3.89** **6.79**  
 208cal 416cal



tbm

# melts

## pesto chicken

chicken in cosi® pesto sauce, melted mozzarella, sun-dried tomato spread

taste two®  
**4.69** **8.19**  
 305cal 610cal

## bacon, turkey, cheddar

tomatoes, spicy honey mustard

taste two®  
**4.89** **8.49**  
 315cal 630cal

## chicken tbm

chicken, basil, fresh mozzarella, romano, tomatoes, sun-dried tomato spread

taste two®  
**4.79** **8.29**  
 320cal 640cal

## steakhouse gorgonzola

tender beef medallions, gorgonzola, caramelized red onions, bleu cheese spread

taste two®  
**5.09** **8.79**  
 398cal 795cal

## tuna

line caught dolphin-safe albacore tuna, tomatoes, melted cheddar, romaine, cosi® vinaigrette

taste two®  
**4.59** **7.99**  
 390cal 780cal

bacon, turkey, cheddar



# breakfast

served until 11 am

make it a bundle

with any breakfast entrée, add a medium: coffee 1.00 cappuccino or latte 1.75

## wraps

### spinach florentine

eggs, spinach, swiss, artichoke spread inside a warm wrap

**3.49**  
387cal

### santa fe

eggs, bacon, gouda, pico de gallo, sun-dried tomato spread inside a warm wrap

**3.69**  
471cal

### steak & egg

eggs, tender beef medallions, pesto, provolone inside a warm wrap

**3.79**  
508cal

## oatmeal

### ancient grain

organic whole grain oats, quinoa, flax seeds, amaranth, chia seeds with your choice of toppings

**3.39**  
226cal  
large **3.69**  
363cal

### steel cut

with your choice of toppings

**3.19**  
149cal  
large **3.49**  
198cal

## egg white cups

### pico de gallo

spinach, swiss, artichoke spread

**3.49**  
90cal

### florentine

spinach, swiss, artichoke spread

**3.49**  
150cal

## squagels

plain 309 cal sesame 363 cal  
 everything 351 cal  
 poppy seed 361 cal  
 multigrain 339 cal

**.99**

basil parmesan 333 cal  
 jalapeño cheddar 397 cal  
 asiago cheese 453 cal  
 cranberry orange 418 cal  
 cinnamon raisin 447 cal

**1.19**

### baker's dozen

**8.99**

### cream cheese

plain 197 cal low-fat 169 cal  
 veggie 140 cal

**.99**

## sandwiches

### cosi® club squagel®

eggs, bacon, cheddar, tomato

**3.59**  
561cal

### make-your-own

choose two: mozzarella, swiss, cheddar, tomato, bacon, ham, spinach, red peppers, onions

squagel®  
**3.59**  
 395-776cal  
 croissant  
**3.89**  
 417-704cal

### western croissant

eggs, ham, red peppers, cheddar

**3.79**  
558cal

### tbm squagel®

eggs, fresh mozzarella, tomato, basil, romano, sun-dried tomato spread

**3.59**  
627cal



cosi® club squagel® sandwich