

salads

ADD TO ANY SALAD: CHICKEN 1.75 110 cal STEAK 2.00 120 cal • SALMON 2.00 258 cal • OVEN-ROASTED ORGANIC TOFU 1.50 150 cal

- SIGNATURE** taste | two half whole
4.79 6.19 8.29
 GF Gorgonzola, grapes, pears, pistachios, dried cranberries, mixed greens, sherry shallot vinaigrette 309-618 cal
 with half the cheese & reduced-fat sherry shallot vinaigrette 183-367 cal
- CHICKEN CAESAR** taste | two half whole
4.79 6.29 8.29
 naturally-raised grilled chicken, romaine, croutons, Parmesan, classic caesar dressing 275-550 cal
- COSÌ COBB** taste | two half whole
4.89 6.29 8.39
 GF naturally-raised grilled chicken, bacon, egg, Gorgonzola, tomatoes, scallions, mixed greens, sherry shallot vinaigrette 370-740 cal
 with reduced-fat sherry shallot vinaigrette 256-511 cal
- SHANGHAI CHICKEN** taste | two half whole
4.79 6.19 8.29
 naturally-raised grilled chicken, Asian noodles, carrots, scallions, mixed greens, reduced-fat ginger soy dressing 130-260 cal

- GREEK** taste | two half whole
4.39 5.59 7.49
 GF feta, diced tomatoes, cucumbers, Kalamata olives, red onions, romaine, Italian vinaigrette 267-533 cal
- SMART FIT** taste | two half whole
4.90 6.39 8.59
 GF baby kale, romaine, roasted sweet potatoes, fresh avocado, carrots, scallions, roasted corn, black beans, roasted red peppers, chipotle lime dressing 195-390 cal
- TANDOORI CHICKEN** taste | two half whole
4.79 6.19 8.29
 GF naturally-raised grilled chicken with a blend of Eastern spices, red peppers, tomatoes, cucumbers, red onions, mixed greens, peppercorn ranch dressing 235-470 cal
 with fat-free balsamic vinaigrette 80-160 cal
- ASIAN SALMON** taste | two half whole
5.59 7.19 9.49
 wild Alaskan salmon, edamame, pineapple, carrots, scallions, cucumbers, red peppers, cilantro, mixed greens, sesame brittle, chili lime vinaigrette 221-441 cal

- ADOBO LIME CHICKEN** taste | two half whole
4.79 6.19 8.29
 GF naturally-raised grilled chicken, roasted corn, black beans, tortilla strips, pico de gallo, romaine, adobo vinaigrette 225-450 cal
- PERUVIAN PALM SALAD** taste | two half whole
4.79 6.19 8.29
 GF Peruvian peppers, hearts of palm, avocados, tomatoes, diced cucumbers, romaine, white balsamic vinaigrette 168-335 cal

breakfast

SERVED DAILY UNTIL 11 AM

WRAPS

- SPINACH FLORENTINE** taste | two half whole
3.49 387 cal
 eggs, spinach, Swiss, artichoke spread inside a warm wrap
 with egg whites 289 cal
- SANTA FE** taste | two half whole
3.69 471 cal
 eggs, bacon, Gouda, pico de gallo, sun-dried tomato spread inside a warm wrap
 with egg whites 378 cal
- STEAK & EGG** taste | two half whole
3.79 508 cal
 eggs, tender beef medallions, pesto, provolone inside a warm wrap
 with egg whites 420 cal

SQUAGELS®

made from scratch every morning

- SQUAGELS®** taste | two half whole
.99 ea.
 plain 309 cal, sesame 363 cal, everything 351 cal, poppy seed 361 cal, multigrain 339 cal
- SIGNATURE SQUAGELS®** taste | two half whole
1.19 ea.
 basil parmesan 333 cal, jalapeño cheddar 397 cal, asiago cheese 453 cal, cranberry orange 418 cal, cinnamon raisin 447 cal
- CREAM CHEESE** taste | two half whole
.99 ea.
 plain 197 cal, low-fat plain 169 cal, veggie 140 cal
- SQUAGELS® BAKER'S DOZEN** taste | two half whole
8.99 ea. 309-453 cal/ea

SANDWICHES

- COSÌ CLUB SQUAGEL®** taste | two half whole
3.59 561 cal
 eggs, bacon, cheddar, tomato on a homemade Così Squagel®
- MAKE-YOUR-OWN EGG SANDWICH** taste | two half whole
3.59 395-776 cal
 croissant **3.89** 417-704 cal
 choose two toppings: mozzarella, Swiss, cheddar, tomato, bacon, ham, spinach, red peppers, onions
- WESTERN CROISSANT** taste | two half whole
3.79 558 cal
 eggs, ham, red peppers, cheddar on a flaky croissant
- T.B.M. SQUAGEL®** taste | two half whole
3.59 627 cal
 eggs, fresh mozzarella, tomato, basil, Romano, sun dried tomato spread on a homemade Così Squagel®

EGG WHITE CUPS

- PICO DE GALLO** taste | two half whole
3.49 90 cal
- FLORENTINE** taste | two half whole
3.49 150 cal
 spinach, swiss and artichoke spread

COSÌ OATMEAL

steel-cut with your choice of toppings
 regular **3.19** 149 cal large **3.49** 198 cal

ANCIENT GRAIN

organic whole grain oats, quinoa, flax seeds, amaranth, chia seeds with your choice of toppings
 regular **3.39** 226 cal large **3.69** 363 cal

Make it a Breakfast Bundle

with any breakfast entrée, add:
 medium coffee **1.00**
 medium cappuccino or latte **1.75**

coffeehouse

COFFEE

	SMALL	MEDIUM	LARGE
FRESHLY BREWED COFFEE	1.99	2.19	2.39
	6 cal	9 cal	11 cal
Our Xando® Blend Our Xando® Decaf			
ICED SIGNATURE COFFEE	1.99	2.19	2.39
	6 cal	8 cal	11 cal
SHOT IN THE DARK	2.29	2.49	2.69
	8 cal	12 cal	15 cal

ESPRESSO

single **1.99** 3 cal double **2.19** 6 cal

	SMALL	MEDIUM	LARGE
LATTE	3.29	3.69	3.99
	177 cal	232 cal	301 cal
CAPPUCCINO	3.29	3.69	3.99
	107 cal	145 cal	179 cal
MOCHA	3.69	4.19	4.39
	352 cal	462 cal	587 cal
CARAMEL LATTE	3.69	4.09	4.39
	434 cal	593 cal	750 cal
AMERICANO	1.99	2.19	2.59
	5 cal	8 cal	10 cal

add flavor shot to any drink .30

soy milk available upon request

HOT BEVERAGES

	SMALL	MEDIUM	LARGE
HOT TEA	1.99	2.19	2.39
	3 cal	4 cal	5 cal
HOT CHOCOLATE	2.99	3.29	3.49
	422 cal	547 cal	672 cal
WHITE HOT CHOCOLATE	2.99	3.29	3.49
	397 cal	504 cal	611 cal
CHAI TEA LATTE	3.19	3.59	3.99
	220 cal	299 cal	379 cal

HANDCRAFTED BEVERAGES

	LARGE
ICED TEA fresh brewed	2.29
	4 cal
LEMONADE	2.29
	179 cal
MOJITO LEMONADE	2.29
	272 cal
RASPBERRY ICED TEA	2.29
	182 cal



melts

	taste two	half	whole	
PESTO CHICKEN naturally-raised grilled chicken in Cosi® pesto sauce, melted mozzarella, sun-dried tomato spread	4.59	5.99	7.99	305-610 cal
BACON TURKEY & CHEDDAR tomatoes, spicy honey mustard	4.59	5.99	7.99	315-630 cal
CHICKEN T.B.M. naturally-raised grilled chicken, tomatoes, fresh basil, fresh mozzarella, Romano, sun-dried tomato spread	4.79	6.09	8.19	305-640 cal
TUNA line caught, dolphin-safe albacore tuna, tomatoes, melted cheddar, fat free Cosi® vinaigrette	4.59	5.99	7.99	390-780 cal
STEAKHOUSE GORGONZOLA tender beef medallions, Gorgonzola, caramelized red onions, bleu cheese spread	4.89	6.29	8.49	398-795 cal

flatbread pizza

	taste two	regular (1 serving)	large (2 servings)
MARGHERITA fresh mozzarella, fresh basil, tomato thin crust 296 / 591 / 1182 original crust 403 / 805 / 1610 add chicken 4.59 / 7.99 / 13.99 thin crust 320 / 640 / 1280 original crust 425 / 850 / 1700	4.29	7.49	12.99
PEPPERONI mozzarella, Romano thin crust 321 / 642 / 1284 original crust 428 / 856 / 1712	4.19	7.29	11.99
BBQ CHICKEN naturally-raised chicken with BBQ sauce, smoked Gouda, red onion, fresh cilantro thin crust 320 / 640 / 1280 original crust 425 / 850 / 1700	4.59	7.99	13.99
TRADITIONAL CHEESE mozzarella, Romano thin crust 250 / 500 / 1000 original crust 357 / 714 / 1428	3.89	6.69	9.99

bowls

served with our freshly baked signature FLATBREAD (214-235 cal)
BOWLS SERVED WITH GLUTEN-FREE GRAINS (flatbread not gluten-free)

ADOBO CHICKEN WITH AVOCADO marinated chicken, hearth-roasted veggies, roasted corn, black beans, housemade pico de gallo, fresh avocado, rice	8.99	513 cal
GOLDEN BEET CITRUS marinated golden beets, carrot ginger salad, kale, golden raisins, orange segments, toasted almonds, citrus vinaigrette, ginger jasmine rice	8.69	380 cal
MACARONI & CHEESE 650 / 950 cal	5.39	6.69
	half	whole
	5.39	6.69
	• buffalo chicken add \$1 100 cal	
	• pork belly add \$2.50 230 cal	

soups

everyday soups

	taste two	regular	large
TOMATO BASIL	3.59	3.99	5.09
TURKEY CHILI			
SMART FIT CHICKEN NOODLE			

soup of the day

Monday ITALIAN WEDDING 210 - 320 cal	Tuesday MEDITERRANEAN LENTIL 360 - 540 cal	Wednesday BROCCOLI CHEDDAR 413 - 619 cal	Thursday SPLIT PEA AND KALE 188 - 281 cal	Friday CLAM CHOWDER 438 - 656 cal
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Saturday & Sunday **WEEKEND SPECIAL!**

smart fit

cosi® smart fit menu items supplement a balanced diet and active lifestyle.

smart fit items:

- contain superfood ingredients
- include vegetables/fruits or whole grains
- are a source of lean protein (when there are proteins)

we serve naturally-raised, no antibiotics added chicken

substitute any meat option with oven-roasted organic tofu

taste | two

combine any two of the following: 1/2 sandwich, 1/2 melt, 1/2 salad, 1/2 regular pizza, or regular soup

V VEGETARIAN

contains no meat or seafood products; may contain egg and/or dairy

GF GLUTEN FREE

contains no wheat, triticale, rye and/or barley, if ordered without bread

LS OUR LIGHTER SIDE

lower calorie version of the select signature Cosi® item

sandwiches

	taste two	half	whole
TBM tomatoes, fresh basil, fresh mozzarella, Cosi® vinaigrette	3.99	5.19	6.99
with fat-free Cosi® vinaigrette			273-546 cal
add chicken	4.69 / 5.99 / 7.99		345-690 cal
COSI® CLUB roasted turkey, bacon, tomatoes, shredded romaine, low-fat mayo	4.49	5.79	7.79
			219-435 cal
BUFFALO BLEU naturally-raised chicken with buffalo sauce, shredded romaine, bleu cheese spread	4.49	5.79	7.79
			255-510 cal
TURKEY & BRIE arugula, spicy honey mustard	4.59	5.79	7.79
			284-567 cal
TUSCAN PESTO CHICKEN naturally-raised grilled chicken in Cosi® pesto sauce, shredded romaine, sun-dried tomato spread	4.59	5.99	7.99
			225-450 cal
TANDOORI CHICKEN naturally-raised grilled chicken blended with Eastern spices, red peppers, Cosi® vinaigrette	4.49	5.79	7.79
			250-500 cal
with fat-free Cosi® vinaigrette			175-350 cal
TURKEY LIGHT arugula, spicy honey mustard	3.69	4.69	6.29
			210-420 cal
HUMMUS & VEGGIES tomatoes, cucumbers, red onions, basil	3.79	4.79	6.49
			208-416 cal
PORK BELLY BANH MI pork belly, daikon, carrots, cabbage, jalapenos, Asian ginger sauce	4.99	6.29	8.49
			345-682 cal
TURKEY AVOCADO tomatoes, greek ranch yogurt dressing, arugula	4.69	5.99	7.99
			224-447 cal

add a side soup or side salad to your meal