

salads

ADD TO ANY SALAD: CHICKEN 1.75 110 cal STEAK 2.00 120 cal • SALMON 2.00 258 cal • OVEN-ROASTED ORGANIC TOFU 1.50 150 cal

	taste two	half	whole
V SIGNATURE	4.89	6.39	8.49
GF Gorgonzola, grapes, pears, pistachios, dried cranberries, mixed greens, sherry shallot vinaigrette			309-618 cal
TS with half the cheese & reduced-fat sherry shallot vinaigrette			183-367 cal
CHICKEN CAESAR	4.99	6.59	8.79
naturally-raised grilled chicken, romaine, croutons, Parmesan, classic caesar dressing			275-550 cal
GF COSÌ® COBB	4.89	6.39	8.49
naturally-raised grilled chicken, bacon, egg, Gorgonzola, tomatoes, scallions, mixed greens, sherry shallot vinaigrette			370-740 cal
TS with reduced-fat sherry shallot vinaigrette			256-511 cal
SHANGHAI CHICKEN	4.99	6.59	8.79
naturally-raised grilled chicken, Asian noodles, carrots, scallions, mixed greens, reduced-fat ginger soy dressing			130-260 cal

	taste two	half	whole
V GREEK	4.49	5.99	7.99
GF feta, diced tomatoes, cucumbers, Kalamata olives, red onions, romaine, Italian vinaigrette			267-533 cal
V SMART FIT	5.29	6.79	9.19
GF baby kale, romaine, roasted sweet potatoes, fresh avocado, carrots, scallions, roasted corn, black beans, roasted red peppers, chipotle lime dressing			195-390 cal
GF TANDOORI CHICKEN	4.99	6.39	8.59
naturally-raised grilled chicken with a blend of Eastern spices, red peppers, tomatoes, cucumbers, red onions, mixed greens, peppercorn ranch dressing			235-470 cal
TS with fat-free balsamic vinaigrette			80-160 cal
ASIAN SALMON	5.69	7.29	9.49
wild Alaskan salmon, edamame, pineapple, carrots, scallions, cucumbers, red peppers, cilantro, mixed greens, sesame brittle, chili lime vinaigrette			221-441 cal

	taste two	half	whole
GF ADOBO LIME CHICKEN	5.29	6.99	8.79
naturally-raised grilled chicken, roasted corn, black beans, tortilla strips, pico de gallo, romaine, adobo vinaigrette			225-450 cal
V PERUVIAN PALM SALAD	5.09	6.59	8.79
GF Peruvian peppers, hearts of palm, avocados, tomatoes, diced cucumbers, romaine, white balsamic vinaigrette			168-335 cal

breakfast

SERVED DAILY UNTIL 11 AM

WRAPS

V SPINACH FLORENTINE	3.69	387 cal
eggs, spinach, Swiss, artichoke spread inside a warm wrap		
TS with egg whites		289 cal
SANTA FE	3.89	471 cal
eggs, bacon, Gouda, pico de gallo, sun-dried tomato spread inside a warm wrap		
TS with egg whites		378 cal
STEAK & EGG	3.99	508 cal
eggs, tender beef medallions, pesto, provolone inside a warm wrap		
TS with egg whites		420 cal

SQUAGELS® made from scratch every morning

SQUAGELS®	.99 ea.	
plain 309 cal, sesame 363 cal, everything 351 cal, poppy seed 361 cal, multigrain 339 cal		
SIGNATURE SQUAGELS®	1.19 ea.	
basil parmesan 333 cal, jalapeño cheddar 397 cal, asiago cheese 453 cal, cranberry orange 418 cal, cinnamon raisin 447 cal		
CREAM CHEESE	.99 ea.	
plain 197 cal, low-fat plain 169 cal, veggie 140 cal		
SQUAGELS® BAKER'S DOZEN	8.99 ea.	309-453 cal/ea

SANDWICHES

COSÌ® CLUB SQUAGEL®	3.99	561 cal
eggs, bacon, cheddar, tomato on a homemade Cosi® Squagel®		
MAKE-YOUR-OWN EGG SANDWICH		
Squagel® 3.99 395-776 cal		
croissant 4.19 417-704 cal		
choose two toppings: mozzarella, Swiss, cheddar, tomato, bacon, ham, spinach, red peppers, onions		
WESTERN CROISSANT	4.19	558 cal
eggs, ham, red peppers, cheddar on a flaky croissant		
V T.B.M. SQUAGEL®	3.99	627 cal
eggs, fresh mozzarella, tomato, basil, Romano, sun dried tomato spread on a homemade Cosi® Squagel®		

EGG WHITE CUPS

V PICO DE GALLO	3.69	90 cal
V FLORENTINE	3.69	150 cal
spinach, swiss and artichoke spread		

COSÌ® OATMEAL

steel-cut with your choice of toppings
regular **3.19** 149 cal large **3.69** 198 cal

ANCIENT GRAIN

organic whole grain oats, quinoa, flax seeds, amaranth, chia seeds with your choice of toppings
regular **3.39** 226 cal large **3.89** 363 cal

Make it a Breakfast Bundle

with any breakfast entrée, add:
medium coffee **1.00**
medium cappuccino or latte **1.75**

coffeehouse

COFFEE

	SMALL	MEDIUM	LARGE
FRESHLY BREWED COFFEE	1.99	2.19	2.39
Our Xando® Blend Our Xando® Decaf	6 cal	9 cal	11 cal
ICED SIGNATURE COFFEE	1.99	2.19	2.39
	6 cal	8 cal	11 cal
SHOT IN THE DARK	2.29	2.49	2.69
	8 cal	12 cal	15 cal

HOT BEVERAGES

	SMALL	MEDIUM	LARGE
HOT TEA	1.99	2.19	2.39
	3 cal	4 cal	5 cal
HOT CHOCOLATE	2.99	3.29	3.49
	422 cal	547 cal	672 cal
WHITE HOT CHOCOLATE	2.99	3.29	3.49
	397 cal	504 cal	611 cal
CHAI TEA LATTE	3.19	3.59	3.99
	220 cal	299 cal	379 cal

ESPRESSO

	single 1.99	3 cal	double 2.19	6 cal
LATTE	3.29	3.69	3.99	
	177 cal	232 cal	301 cal	
CAPPUCCINO	3.29	3.69	3.99	
	107 cal	145 cal	179 cal	
MOCHA	3.69	4.19	4.39	
	352 cal	462 cal	587 cal	
CARAMEL LATTE	3.69	4.09	4.39	
	434 cal	593 cal	750 cal	
AMERICANO	1.99	2.19	2.59	
	5 cal	8 cal	10 cal	

add flavor shot to any drink .30

soy milk available upon request

HANDCRAFTED BEVERAGES

	LARGE
ICED TEA fresh brewed	2.29
	4 cal
LEMONADE	2.29
	179 cal
MOJITO LEMONADE	2.29
	272 cal
RASPBERRY ICED TEA	2.29
	182 cal



melts

	taste two	half	whole	
PESTO CHICKEN naturally-raised grilled chicken in Cosi® pesto sauce, melted mozzarella, sun-dried tomato spread	4.79	6.19	8.29	305-610 cal
BACON TURKEY & CHEDDAR tomatoes, spicy honey mustard	4.79	6.19	8.29	315-630 cal
CHICKEN T.B.M. naturally-raised grilled chicken, tomatoes, fresh basil, fresh mozzarella, Romano, sun-dried tomato spread	4.99	6.49	8.59	305-640 cal
TUNA line caught, dolphin-safe albacore tuna, tomatoes, melted cheddar, fat free Cosi® vinaigrette	4.69	5.99	7.99	390-780 cal
STEAKHOUSE GORGONZOLA tender beef medallions, Gorgonzola, caramelized red onions, bleu cheese spread	5.19	6.69	8.99	398-795 cal

flatbread pizza

	taste two	regular (1 serving)	large (2 servings)
MARGHERITA fresh mozzarella, fresh basil, tomato thin crust 296 / 591 / 1182 original crust 403 / 805 / 1610 add chicken 4.59 / 7.99 / 13.99 thin crust 320 / 640 / 1280 original crust 425 / 850 / 1700	4.29	7.49	12.99
PEPPERONI mozzarella, Romano thin crust 321 / 642 / 1284 original crust 428 / 856 / 1712	4.49	7.49	11.99
BBQ CHICKEN naturally-raised chicken with BBQ sauce, smoked Gouda, red onion, fresh cilantro thin crust 320 / 640 / 1280 original crust 425 / 850 / 1700	4.59	7.99	13.99
TRADITIONAL CHEESE mozzarella, Romano thin crust 250 / 500 / 1000 original crust 357 / 714 / 1428	4.09	6.99	9.99

bowls

served with our freshly baked signature FLATBREAD (214-235 cal)
BOWLS SERVED WITH GLUTEN-FREE GRAINS (flatbread not gluten-free)

GF ADOBO CHICKEN WITH AVOCADO marinated chicken, hearth-roasted veggies, roasted corn, black beans, housemade pico de gallo, fresh avocado, rice	9.59	513 cal	
V GOLDEN BEET CITRUS marinated golden beets, carrot ginger salad, kale, golden raisins, orange segments, toasted almonds, citrus vinaigrette, ginger jasmine rice	8.99	380 cal	
MACARONI & CHEESE 650 / 950 cal	5.59	6.99	half whole
			• buffalo chicken add \$1 100 cal • pork belly add \$2.50 230 cal

soups everyday soups

V TOMATO BASIL	400 - 600 cal
GF TURKEY CHILI	340 - 510 cal
SMART FIT CHICKEN NOODLE	120 - 190 cal

soup of the day

Monday ITALIAN WEDDING 210 - 320 cal	Tuesday GF V MEDITERRANEAN LENTIL 360 - 540 cal	Wednesday GF V BROCCOLI CHEDDAR 413 - 619 cal	Thursday GF SPLIT PEA AND KALE 188 - 281 cal	Friday CLAM CHOWDER 438 - 656 cal
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Saturday & Sunday **WEEKEND SPECIAL!**

sandwiches

	taste two	half	whole
V TBM tomatoes, fresh basil, fresh mozzarella, Cosi® vinaigrette	4.39	5.69	7.59
LS with fat-free Cosi® vinaigrette add chicken 5.09 / 6.59 / 8.79			273-546 cal 345-690 cal
COSI® CLUB roasted turkey, bacon, tomatoes, shredded romaine, low-fat mayo	4.69	5.99	7.99
			219-435 cal
BUFFALO BLEU naturally-raised chicken with buffalo sauce, shredded romaine, bleu cheese spread	4.69	5.89	7.99
			255-510 cal
TURKEY & BRIE arugula, spicy honey mustard	4.69	5.79	7.99
			284-567 cal
TUSCAN PESTO CHICKEN naturally-raised grilled chicken in Cosi® pesto sauce, shredded romaine, sun-dried tomato spread	4.69	5.89	7.99
			225-450 cal
TANDOORI CHICKEN naturally-raised grilled chicken blended with Eastern spices, red peppers, Cosi® vinaigrette	4.69	5.89	7.99
LS with fat-free Cosi® vinaigrette			250-500 cal 175-350 cal
TURKEY LIGHT arugula, spicy honey mustard	4.09	5.19	6.99
			210-420 cal
V HUMMUS & VEGGIES tomatoes, cucumbers, red onions, basil	4.09	5.19	6.99
			208-416 cal
PORK BELLY BANH MI pork belly, daikon, carrots, cabbage, jalapenos, Asian ginger sauce	5.29	6.69	8.99
			345-682 cal
TURKEY AVOCADO tomatoes, greek ranch yogurt dressing, arugula	4.79	5.99	8.19
			224-447 cal

add a side soup or side salad to your meal

smart fit

cosi® smart fit menu items supplement a balanced diet and active lifestyle.

smart fit items:

- contain superfood ingredients
- include vegetables/fruits or whole grains
- are a source of lean protein (when there are proteins)

we serve naturally-raised, no antibiotics added chicken

substitute any meat option with oven-roasted organic tofu

taste | two

combine any two of the following: 1/2 sandwich, 1/2 melt, 1/2 salad, 1/2 regular pizza, or regular soup

V VEGETARIAN

contains no meat or seafood products; may contain egg and/or dairy

GF GLUTEN FREE

contains no wheat, triticale, rye and/or barley, if ordered without bread

LS OUR LIGHTER SIDE

lower calorie version of the select signature Cosi® item